



International Perspectives on Mental Health Policy, Transformation and System Change

## *Taking Mental Health Services to the Next Level . . .*

### *Objectives*

- *Learn how other countries' mental health systems are transforming*
- *Identify areas of convergence and shared experiences*
- *Identify areas of divergence and opportunities for new perspectives*
- *Stimulate ongoing dialogue*
- *Explore opportunities for future exchange*

### *Themes/Topics*

- *Issues/visions/values*
- *Role of consumers and family members*
- *Diversity, equity and cultural competence*
- *Priorities*
- *Strategies for change*
- *Workforce development*
- *Lessons learned: innovations, successes and mistakes*



Thursday, September 14, 2006

7:00 AM - 8:30 AM      **REGISTRATION AND CONTINENTAL BREAKFAST**      REGENCY FOYER

8:30 AM - 8:45 AM      **WELCOME**      REGENCY MAIN  
Fernando Armenta, District One Supervisor for Monterey County

8:45 AM - 9:00 AM      **INTRODUCTION OF THE POLICY FORUM**      REGENCY MAIN  
**SANDRA NAYLOR GOODWIN, PHD, MSW**  
Executive Director, California Institute for Mental Health (CiMH)



## Plenary

9:00 AM - 9:30 AM

### INTERNATIONAL PATHWAYS TO MENTAL HEALTH SYSTEMS TRANSFORMATION

REGENCY MAIN

**NEAL ADAMS, MD, MPH**  
Director Special Projects, CiMH

**ALLEN S. DANIELS, EDD**  
Professor, Clinical Psychiatry

University of Cincinnati, College of Medicine,  
CEO Alliance Behavioral Care

This presentation sets the stage for the next day and a half's international dialogue by summarizing a recent SAMHSA/CiMH report which compares mental health policy in 7 countries including the US, Australia, Canada, England, Italy, New Zealand and Scotland. The striking similarity of problems and priorities across these diverse health service systems attempting transformative change towards recovery oriented approaches makes clear the case for international sharing and collaboration.

## Plenary

9:30 AM - 10:45 AM

### INTERNATIONAL PERSPECTIVES ON TRANSFORMATION OF MENTAL HEALTH SYSTEMS

REGENCY MAIN

Introduction by Dr. Areta Crowell, Member, Board of Directors, CiMH

**PETER HORN**  
National Programme Director of Mental Health Care Services Improvement Partnership, England

Peter Horn will discuss recent developments in national policy on mental health in England, how extra resources have been invested, how the Care Services Improvement Partnership (CSIP) has supported the implementation of policy into practice, including examples of what has worked and what has not worked in the process, and likely trends in policy and service development.

10:45 AM - 11:00 AM      **BREAK**

## Workshops

*Sharing and Learning Dialogues with International Representatives, and the State of California and California Counties*

11:00 AM - 12:15 PM

**STRATEGIES FOR SYSTEM LEVEL CHANGE (PART I)**  
*(PART II of this session will be continued in the afternoon)*

REGENCY II

**MODERATOR:** Mike Oprendek, LCSW, Senior Associate, CiMH

**PRESENTERS:** Fran Silvestri, Director, International Initiative for Mental Health Leadership, New Zealand  
Gail Czukar, Executive Vice President, Policy Education and Health Promotion, Centre for Addiction and Mental Health, Canada  
Gale Bataille, LCSW, Director, San Mateo County Mental Health, California, USA

Participants will learn strategies, opportunities and barriers to system level change as experienced by New Zealand, England, Canada and a California County.

Thursday, September 14, 2006



## Workshops (CONTINUED)

11:00 AM - 12:15 PM

### **CULTURALLY BASED SERVICES WITH INDIGENOUS AND ETHNIC POPULATIONS**

REGENCY I

*(This session will be repeated in the afternoon)*

**MODERATOR:** Matthew Mock, PHD, Director, Center for Multicultural Development, CiMH

**PRESENTERS:** David Chaplow, MD, Director, Mental Health Services, New Zealand  
Connie Reitman-Solas, Executive Director, Inter-Tribal Council of California  
Gladys Lee, Board of Directors, CiMH and Vice President, Pacific Clinics, CCCMHA  
Jaclyn Culleton, Analyst, MHSA Coordinator, Ethnic Services Manager/Co-Chair Client and Cultural Diversity Committee Humboldt County Mental Health and Integrated Service

Participants will learn each country's experiences in creating culturally competent practices with indigenous and ethnic populations. Each country will share lessons learned, strategies that work and strategies to be avoided.

### **CONSUMER AND FAMILY MEMBER LEADERSHIP**

REGENCY III

*(This session will be repeated in the afternoon)*

**MODERATOR:** Alice J. Washington, Training, Policy and Research Associate, CiMH

**PRESENTERS:** Mary O'Hagan, Commissioner, Mental Health Commission, New Zealand  
Héðinn Unnsteinsson, Technical Officer Civil Society Collaboration, Mental Health Program WHO/EURO  
Pam Hawkins, Associate, Child and Families Team, CiMH  
Sharon Kuehn, Office of Consumer Affairs, Contra Costa County Mental Health, California, USA

The participants will learn about consumer/ex-patient/ex-user and family leadership initiatives that are bringing about mental health system transformation, including the efforts to involve consumers and family members at all levels of the system as advocates and/or employees.

### **IMPLEMENTING CHANGE AT THE SERVICE PROVISION LEVEL (PART I)**

BIG SUR 1 - 2

*(PART II of this session will be continued in the afternoon)*

**MODERATOR:** Bill Carter, LCSW, Deputy Director, CiMH

**PRESENTERS:** Laurie Bryant, National Service User Lead, Care Services Improvement Partnership, England  
Peter Horn, National Programme Director of Mental Health Care Services Improvement Partnership, England  
Nancy Peña, PHD, Director, Santa Clara County Mental Health, California, USA

Participants will learn how policy change drives innovation and delivery change at the service provision level. Each country will share informative experiences, successes and challenges.

12:15 PM - 1:30 PM **LUNCH** (LUNCH INCLUDED WITH REGISTRATION)

REGENCY MAIN

## Luncheon Speaker

1:00 PM - 1:30 PM

**SENATOR MICHAEL J.L. KIRBY**  
The Senate of Canada  
Parliament Canada

Thursday, September 14, 2006

## Plenary

1:30 PM - 3:00 PM

REGENCY MAIN

### INTERNATIONAL PERSPECTIVES ON TRANSFORMATION OF MENTAL HEALTH SYSTEMS

Introduction by Jay Mahler, President, Board of Directors, CiMH  
and Office of Consumer Affairs, Alameda County Behavioral Health

**MARY O'HAGAN**

Commissioner, Mental Health Commission, New Zealand



3:00 PM - 3:15 PM    **BREAK**

## Workshops - Sharing and Learning Dialogues with International Representatives, California Counties

3:15 PM - 4:30 PM

### STRATEGIES FOR SYSTEM LEVEL CHANGE (PART II)

REGENCY II

*(This session is a continuation of PART I)*

**MODERATOR:** Mike Oprendek, LCSW, Senior Associate, CiMH

**PRESENTERS:** Peter Horn, National Programme Director of Mental Health Care Services Improvement Partnership, England  
Peggy Taillon, Vice President, Advocacy, Community Engagement and Chief Privacy Officer, Ottawa Hospital, Canada  
Diane Koditek, MFT, Director, Mental Health, Kern County, California, USA

Participants will learn strategies, opportunities and barriers to system level change as experienced by New Zealand, England, Canada and a California County.

### CULTURALLY BASED SERVICES WITH INDIGENOUS AND ETHNIC POPULATIONS

REGENCY I

*(This session is a repeat of the morning session)*

**MODERATOR:** Matthew Mock, PHD, Director, Center for Multicultural Development, CiMH

**PRESENTERS:** David Chaplow, MD, Director, Mental Health Services, New Zealand  
Connie Reitman-Solas, Executive Director, Inter-Tribal Council of California  
Roberto Gurza, LMFT, Health Disparities Initiative Mgr., Health Svcs. Agency and Mental Health Svcs., San Mateo County  
Jaclyn Culleton, Analyst, MHA Coordinator, Ethnic Services Manager/Co-Chair Client and Cultural Diversity Committee Humboldt County Mental Health and Integrated Service

Participants will learn each country's experiences in creating culturally competent practices with indigenous and ethnic populations. Each country will share lessons learned, strategies that work and strategies to be avoided.

### CONSUMER AND FAMILY MEMBER LEADERSHIP

REGENCY III

*(This is a repeat of the morning session)*

**MODERATOR:** Alice J. Washington, Training, Policy and Research Associate, CiMH

**PRESENTERS:** Mary O'Hagan, Commissioner, Mental Health Commission, New Zealand  
Héðinn Unnsteinsson, Technical Officer Civil Society, Collaboration, Mental Health Program WHO/EURO  
Pam Hawkins, Associate, Children's Services Team, CiMH  
Sharon Kuehn, Office of Consumer Affairs, Contra Costa County Mental Health, California, USA

The participants will learn about consumer/ex-patient/ex-user and family leadership initiatives that are bringing about mental health system transformation, including the efforts to involve consumers and family members at all levels of the system as advocates and/or employees.

Thursday, September 14, 2006



## Workshops (CONTINUED)

3:15 PM - 4:30 PM

### **IMPLEMENTING CHANGE AT THE SERVICE PROVISION LEVEL (PART II)** *(This session is a continuation of the morning session PART I)*

BIG SUR 1 - 2

**MODERATOR:** Bill Carter, LCSW, Deputy Director, CiMH

**PRESENTERS:** Laurie Bryant, National Service User Lead, Care Services Improvement Partnership, England  
Fran Silvestri, Director, International Initiative for Mental Health Leadership, New Zealand  
Marvin Southard, DSW, Director, Los Angeles County Department of Mental Health, California, USA

Participants will learn how policy change drives innovation and delivery change at the service provision level. Each country will share informative experiences, successes and challenges.

*(Pending Psychologist continuing education approval)*

## Plenary

4:30 PM - 5:30 PM

REGENCY MAIN

### **CHARLES CURIE**

Principal of the Curie Group, LLC, and Former Administrator  
Substance Abuse and Mental Health Services Administration (SAMHSA)  
Health and Human Services (HHS), USA

This presentation will consider the role played by the US Government and the lead Federal agency for Mental Health and Substance Abuse Services in establishing a system of services which is ultimately consumer and family driven. How to operationalize recovery as a concept which shapes public policy and finance will be the primary focus. Vision, mission, leadership and management will all be considered as the essential elements to transformation of mental health care. This session will also include a highlighting of current and future priorities of the Federal Government around mental health services.

## Networking Reception

5:15 PM

SPY GLASS PROMENADE

*Friday, September 15, 2006*



7:00 AM - 8:15 AM CONTINENTAL BREAKFAST

REGENCY FOYER

8:15 AM - 8:30 AM WELCOME AND INTRODUCTIONS

REGENCY MAIN

*Plenary*

8:30 AM - 9:30 AM

REGENCY MAIN

**HÉÐINN UNNSTEINSSON**

Technical Officer, Civil Society Collaboration  
Mental Health Program World Health Organization/EURO

Introduction by J.R. Elpers, MD, Consultant, County Mental Health Director (retired)  
and president elect, CiMH Board of Directors

Mr. Unnsteinsson will discuss a future vision of social inclusion, community, horizontal policy making in mental health, the World Health Organization Helsinki documents and the European Union Green Paper on "Improving The Mental Health Of The Population: Towards A Strategy On Mental Health For The European Union"

*Plenary*

9:30 AM -10:30 AM

REGENCY MAIN

**STEPHEN W. MAYBERG, PHD**

Director, California State Department of Mental Health

Introduction by Maureen Bowman, Director, Placer County Mental Health and  
President, CMHDA

10:30 AM - 10:45 AM BREAK

*Discussion Session*

10:45 AM - 12:00 PM

REGENCY MAIN

**MODERATORS:**

**FRAN SILVESTRI**

Director, International Initiative for Mental Health Leadership

**SANDRA NAYLOR GOODWIN, PHD**

Executive Director, CiMH

**NEAL ADAMS, MD**

Director of Special Projects, CiMH

Debrief with international leadership: perspectives and experiences of the Policy Forum. How do we develop the international exchange and move forward together on an agenda of transformation?



## Values-Driven EBP Advisory Committee

**Neal Adams, MD, MPH**

Director, Special Projects  
CiMH

**Ann Arneill-Py, PhD**

Executive Officer  
The California Mental Health Planning Council

**Gale Bataille, MSW**

Mental Health Director  
San Mateo County

**Catherine Bond, MA**

Director of Training  
NMHA - Greater Los Angeles

**Bill Carter, LCSW**

Deputy Director  
Children Services  
CiMH

**Beth Conley, MPA**

Training, Policy and Research Associate  
CiMH

**A. Viviana Criado, MPA**

Older Adult Coordinator  
Adult/Older Adult Mental Health Services  
San Diego County

**Michele D. Curran**

Director  
Office of Self Help  
Technical Assistance and Support Center  
California Network of Mental Health Clients

**Betty Dahlquist, MSW, CPRP**

Executive Director  
California Association of Social Rehabilitation Agencies

**Wendy Desormeaux**

Associate Mental Health Specialist  
Education and Training Unit  
California Department of Mental Health

**Edward Diksa, ScD**

Director of Training  
CiMH

**Vijay Ganju, PhD**

Director  
Center on Mental Health Quality and Accountability  
NASMHPD Research Institute

**Sandra Naylor Goodwin, PhD, MSW**

Executive Director  
CiMH

**Mary Hargrave, PhD**

President, CEO  
River Oak Center for Children

**Warren Hayes, MFT**

Chief, MHSA Workforce and Education Training  
California Department of Mental Health

**Jo Ann Johnson, LCSW**

Ethnic Services Manager  
Sacramento County Mental Health

**Penny Knapp, MD**

Medical Director  
California Department of Mental Health

**Diane G. Koditek, MFT**

Mental Health Director  
Kern County

**Olivia Loewy, PhD**

Executive Director  
American Association for Marriage and Family Therapy  
CA Division

**Sharon Lopez, LCSW**

Clinical Program Coordinator  
Older Adult Systems of Care  
Shasta County

**Laurel Mildred, MSW**

Associate Director  
Mental Health Services Act  
CMHDA

**Matthew Mock, PhD**

Director, Center for Multicultural Development  
CiMH

**Mark Refowitz, LCSW**

Director  
Orange County Mental Health

**Patricia Ryan, MPA**

Executive Director  
CMHDA

**Adrienne Shilton**

Policy Analyst  
California Council of Community  
Mental Health Agencies

**Nicette Short**

Senior Policy Advocate  
The California Alliance of Child and Family Services

**Vicki V. Smith, MSW, CPRP**

Director, Adult Services  
CiMH

**Vonza Thompson, LMFT, CPRP**

President and CEO  
Alliance for Community Care

**Richard Van Horn**

Principal Consultant  
MHA Oversight and Accountability Commission

**Alice J. Washington**

Training, Policy and Research Associate  
CiMH

**Oscar Wright**

CEO  
United Advocates for Children of California

**Tina Yee, PhD**

Director, Cultural Competence  
Consumer Relations Department of Public Health  
Community Behavioral Health Services  
City and County of San Francisco

**Sally Zinman**

Executive Director  
California Network of Mental Health Clients