

**"Restoring the Spirit:
A Celebration of Culturally Diverse Communities"**

**Presentation by Laura Mancuso & Gitane Williams
Northern CA Cultural Competence Summit 2011**

RESOURCES FOR FURTHER LEARNING

LEARNING ABOUT DIVERSE RELIGIOUS & SPIRITUAL TRADITIONS

American Religious Identification Survey

www.americanreligionsurvey-aris.org

The Pew Forum on Religion & Public Life – U.S. Religious Landscape Survey

<http://religions.pewforum.org/>

BBC on Religions

<http://www.bbc.co.uk/religion/>

United Religions Initiative

www.uri.org

Religion Facts website

www.religionfacts.com

Religious Adherents website

www.adherents.com

Religious Tolerance website

www.religioustolerance.org

Patheos website

www.patheos.com

All Rivers website

www.allrivers.org

Common Tables website

www.commontables.com

Parliament of the World's Religions

www.parliamentofreligions.org

“On Being” radio show/weekly podcast with Krista Tippett (formerly Speaking of Faith)

<http://being.publicradio.org/>

Text of The Golden Rule in 13 World Religions (presented in English, French, Spanish, Italian, German, Portugese, and Hebrew)

www.scarboromissions.ca/Golden_rule/sacred_texts.php

Charter for Compassion

www.charterforcompassion.org

The Chaplaincy Institute for Arts & Interfaith Ministries, Berkeley, CA (interfaith seminary)

www.chaplaincyinstitute.org

Interfaith Center at the Presidio

www.interfaith-presidio.org

Matlins, Stuart M. and Magida, Arthur. *How to Be a Perfect Stranger: The Essential Religious Etiquette Handbook, Fifth Edition*. Woodstock, VT: Skylight Paths Publishing, 2010.

DAILY INSPIRATION

Native American – White Bison Inc: Center for the Wellbriety Movement

www.whitebison.org

Daily Elder's Meditations:

<http://www.whitebison.org/meditation/index.php>

Malidoma Somé, PhD, Initiated Elder of the Dagara, Burkina Faso, West Africa free monthly newsletter

www.malidoma.com

Hindu Devotional Blog

www.hindudevotionalblog.com

Hinduism Today - Daily Inspiration

www.hinduismtoday.com/blogs-news/hindu-press-international/daily-inspiration/10976.html

or sign up to receive a daily email of five verses from The Vedas

Click on "Get HPI by email" and select "Vedic Verses"

Taoism Initiation News (free weekly)

www.taopage.org/newsletter.html

Chabad.org (free subscription to Jewish "Daily Dose")

<http://www.chabad.org/tools/subscribe/>

Daily Hukamnama (Sikh)

<http://www.sikhnet.com/hukam>

The Buddhist Blog

<http://thebuddhistblog.blogspot.com/>

Our Daily Bread (free Christian daily email available in English, Spanish, Chinese, Portuguese, French, Russian, Indonesian, and Thai)

<http://odb.org/>

Roman Catholic daily prayer online in 22 languages from Jesuits in Ireland (Catalan, Chinese, Croatian, Czech, Dutch, English, French, German, Hungarian, Indonesian, Irish, Italian, Japanese, Korean, Latvian, Polish, Portuguese, Romanian, Russian, Slovenian, Spanish, and Swedish)

www.sacredspace.ie

EWTN Global Catholic Network – Daily Mass Readings

English: www.ewtn.com/devotionals/inspiration.htm

Spanish: LECTURAS DIARIAS DE LA SANTA MISA www.ewtn.com/devotionals/lecturas.htm

Chinese: www.chinese-catholic.org

German: www.ewtn.de

Portals of Prayer

<http://sites.cph.org/portals/>

Daily Word from Unity Church

www.dailyword.com

Muslim Blog, Technology of the Heart

<http://www.mysticsaint.info>

Muslim Blog, "Al Fatiha – The Opening: Towards an Integral Psychology of Islam"

<http://jalaledin.blogspot.com>

Blog on Atheist Spirituality

<http://freethoughtopinions.blogspot.com>

Humanist Network News (weekly)

<http://www.americanhumanist.org/HNN>

Beliefnet.com

www.beliefnet.com

Sign up for daily emails of your choice at:

www.beliefnet.com/Newsletter/Signup.aspx

Daily Om

www.dailyom.com

Science of Mind

www.scienceofmind.com

Science of Mind monthly magazine includes "Daily Guides"

Totally Unique Thoughts

www.tut.com

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Forbes, Peter (Editor). *We Have Come Through: 100 Poems Celebrating Courage in Overcoming Depression and Trauma*. Bloodaxe Books Ltd, 2003.

Ford-Grabowsky, Mary. *WomanPrayers : Prayers by Women from throughout History and Around the World*. New York: Harperone, 2003.

Morgan, John D. *Awakening the Soul: A Book of Daily Devotions (Unitarian Universalist)*. Boston, MA: Skinner House Books, 2001.

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Roberts, Elizabeth, and Elias Amidon (Editors). *Earth Prayers From Around the World: 365 Prayers, Poems, and Invocations for Honoring the Earth*. New York: HarperCollins, 1993.

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RESOURCES ON MENTAL HEALTH & SPIRITUALITY

California Mental Health and Spirituality Initiative
www.mhspirit.org

Zangmo Blue Thundercloud -- Sally Clay
www.sallyclay.net
www.sallyclay.net/Z.text/Prophet.html

Spiritual Lessons in Recovery -- Pat Deegan, PhD.
www.patdeegan.com/blog/archives/000011.php

Personal Stories of Spiritual Emergence, Visions, Awakenings, and Their Effects on People's Lives -- Bob Manrodt
www.sacredtransformations.com

Mental Health Ministries – Rev. Susan Gregg-Schroeder
www.mentalhealthministries.net

Mental Health Matters public access TV show – Rev. Barbara R. Meyers
www.mpuuc.org/mentalhealth/mentalTVshow

Copeland Center for Wellness and Recovery – Mary Ellen Copeland
www.copelandcenter.com

Capacitar International, Inc. – free downloadable “Emergency Response Kits” to empower people to deal with the stress of trauma and other challenging situations (in Arabic, English, French, Kinyarwanda, German, Haiti-Creole, Hebrew, Indonesian, Japanese, Portugese, Russian, Spanish, Swahili, Xhosa)
www.capacitar.org/emergency_kits.html

Pathways to Promise: Ministry & Mental Illness
www.pathways2promise.org

Interfaith Network on Mental Illness, An Outreach Program of NAMI Boulder County, Colorado & The Caring Clergy Project
www.namibouldercounty.org/aboutinmi.html
www.caringclergyproject.org

White House Office of Faith-Based & Neighborhood Partnerships
www.whitehouse.gov/administration/eop/ofbnp

NAMI STAR Center (Support, Technical Assistance and Resources to assist consumer-operated and consumer-supporter programs in meeting the needs of under-served populations)
www.consumerstar.org

“Guidelines for Mental Health Consumers and Their Supporters: A Report from the NAMI S.T.A.R. Center Workshop on Multicultural Competence, Intense Spiritual Experiences, and Mental Health” by Rev. Laura L. Mancuso, MS, CRC/CPRP (forthcoming)
www.consumerstar.org

NAMI FaithNet
www.nami.org/faithnet

Spiritual Competency Resource Center by David Lukoff, Ph.D.
www.spiritualcompetency.com

Alternative Mental Health by Safe Harbor
www.alternativementalhealth.com

The Icarus Project: Navigating The Space Between Brilliance and Madness
<http://theicarusproject.net>

U.S. Psychiatric Rehabilitation Association
<http://www.uspra.org>

USPRA Core Principles & Values (includes spirituality as a key domain for quality of life) – October 2009

http://www.uspra.org/files/public/USPRA_CORE_PRINCIPLES2009.pdf

USPRA Principles of Multicultural Psychiatric Rehabilitation Services – March 2008

http://www.uspra.org/files/public/Multicultural_Principles_FINAL.pdf

USPRA Code of Ethics for Psychiatric Rehabilitation Practitioners (includes collaborating with traditional healers and spiritual practitioners to the extent desired by the person receiving services) – May 2001

http://www.uspra.org/files/public/Code_of_Ethics.pdf

ACMHA: The College for Behavioral Health Leadership
www.acmha.org/

First Nations Behavioral Health Association
www.fnbha.org

Latino Coalition for a Healthy California
www.lchc.org/

National Asian American Pacific Islander Mental Health Association
www.naapimha.org

National Latino Behavioral Health Association
<http://nlbha.org>

National Leadership Council on African American Behavioral Health
www.nlcouncil.com

National Resource Center for Hispanic Mental Health
www.nrchmh.org/

REMHDCO - Racial and Ethnic Mental Health Disparities Coalition
Contact: Stacie Hiramoto, shiramoto@mhac.org

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"Build Your Staff's Spiritual Competency," *Behavioral Healthcare* 2010 September, 30(8):10-13.
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