

CRDP API SPW Updates:

California Reducing Disparity Project
API Strategic Work Group

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California Reducing Disparities Project: the API Workgroup

Establish a Strategic Planning Workgroup

Figure 1: API Strategic Planning Workgroup (API-SPW) Organizational Structure



Membership Composition

- Grass-root approach
- Diversity & balance in region(s)
 - Geography: 5 regions (north to far south; metro, suburb, rural)
 - Age group: TAY to OA
 - Ethnicity/cultural:
 - Representation for traditionally under-represented: Hmong, Pacific Islander, South Asian, LGBT, consumer organization
 - Type of service provided:
 - mental health, physical health, social service, tutoring, interpreting service
 - Size of agency: 3 to 250 (1,200)



Project Updates

- Four Regional Meetings and four Statewide meetings :
 - Team and consensus building
 - Review current state of disparities & strategies
 - Collecting information from the community
 - Reviewing core competences and promising program selection
- Special Guests:
 - California DMH, OMS
 - MHSOAC Commissioner
 - Elected official
 - Researchers, UC Davis and UC Berkely
 - Chair, President Obama's Advisory Commission on API's Affairs



Focus Groups at a Glance:

Total: 22 + 1 groups, 195 + 3 Participants
Range: 5 to 12; average: 9 members/group

❖	Female:	115 +3
❖	Male:	80
❖	Under 18:	13
❖	19-25:	27
❖	26-59:	118
❖	60+:	40



Focus Groups Finding (1)

What does being “well” mean to you?

- A combination of six major dimensions:
 - Physically healthy & active (32)
 - Emotional wellbeing (28; feeling happy & stress free)
 - Good social relationship & support (18)
 - Good family relationship (12)
 - Financial stability (10)
 - Feeling at peace spiritually (9)



Focus Groups Finding (6)

What are the barriers in seeking help?

- Lack of culturally competent staff/service (21)
- Stigma/shame/discrimination (20)
- Lack of language skills (18)
- Lack of financial resources (12)
- Transportation (8)
- Complexity of healthcare system and paperwork (7)
- Not comfortable w/ provider (6)
- Unfamiliar with Western treatment (6)
- Don't want to hear the truth (5)
- Confidentiality issue (5)



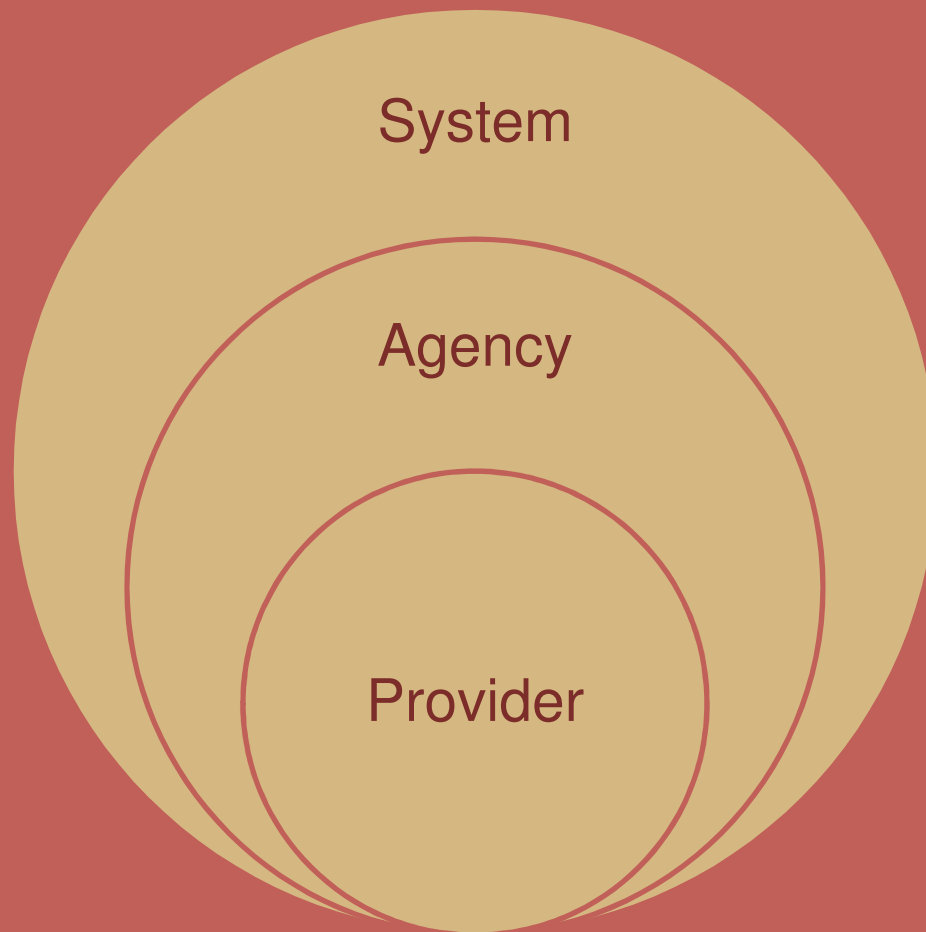
Focus Group Finding (7)

What services do you wish to receive?

- Specific program for different issues (17; cultural, issue, age group)
- Social/recreation activities (14)
- Service in my language (11)
- Easily available & affordable (8)
- More outreach effort to counteract stigma (8)
- Include family members (8)
- Culturally sensitive/competent staff (6)



Core Competency - 3 Levles



Core Competency

■ 8 Categories:

- Professional skills
- Linguistic capacity
- Culture-specific considerations
- Community relations and advocacy
- Flexibility in program design and service delivery
- Capacity building
- Use of media
- Data collection and research



Challenges & Lessons Learned (1)

- Availabilities of members (scheduling, coverage, representation/diversity)
- Resources: financial, staffing
- Focus group selection: which ones to choose?
- Uncertainty about how member input will be received and utilized by the government agencies



Next Steps

- Members will start reviewing and selecting promising programs/practices this summer
- Regions will engage local counties and collaborate with ESMS
- Members will start reviewing the draft of the population report this fall
- Bring the issue up to national level

