

CA. Must Take a Leadership Role To Support Communities Defined Evidence

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Cultural Competence

- Is about institutional and organizational change at all levels of the organization.
- Policy, administrative, program design, workforce, individual client level, evaluation and research, supervision, data collection, language access,
- It is about true structural change it is not a programs, it is more than cultural humility which is important at the individual level.

These are Challenging Times

- The 2007-08 collapse of the housing market
- More American lose their homes to foreclosure than any other time in American History
- Greed and deception of Bernie Madoff and his billion dollar Ponzi scandal
- Many American loose millions of life saving in Wall Street market and their 401K
- Mistrust of Wall Street and government
- Banks make home loans to people who can't afford them and then bundle mortgage loans they know are high risk and sell them for high profit.

National Erosion of Trust and Integrity in U.S. business and Institutions

- SB 1070 Arizona Law signed by Governor police to check ID of Latinos
- Dream Act fails in US Congress
- Birthright Citizenship: PA. , Arizona, Oklahoma, George, & S. Carolina, intro. Bills to deny citizenship to U.S. Born Latinos who's parents are undocumented.
- More than 10 states working to pass new voting laws.
- Gov. Brown includes in his 2011 budget a recommendation to eliminate the State offices of DMH and AOD programs!
- Evidence Based Practice vs. Community Defined Practice.

Acknowledge underlying Dominate Cultural Research Hierarchical Paradigm of Evidence and Embedded Bias

- “High level of Research: control research, Random assignment, Matched between groups comparisons, Replications, we can have High level of confidence in these practices
- Moderate Research Support: has some positive research evidence of success, Expert Consensus pre and post evaluations. Does not include strong research design.
- Emerging Practice: “Face validity or common sense test”
- Untested Practice
- Harmful or Ineffective Practices

Community Defined Evidence

- “A set of practices that communities have used and found to yield positive results as determined by community consensus over time and which may or may not have been measured empirically but have reached a level of acceptance by the community .”
(National Network for Eliminating Disparities) (www.nned.net/index)

Mental Health: Culture, Race, and Ethnicity



**A Supplement to
Mental Health: A Report of the Surgeon General**

U.S. Department of Health and Human Services

2001 Surgeon Generals Report Mental Health: Culture, Race and Ethnicity

- “Racial Ethnic Minorities bear a greater burden for Unmet Mental Health Needs and thus suffer a greater loss to their overall health and productivity”
- “Unmet Mental Health needs is disproportionately high for racial ethnic Communities.”

The Lost Appendix A

- Entitled: Inclusion of Minorities in Controlled Clinical Trails Used to Develop Professional Treatment Guidelines for Major Mental Disorders
- Bipolar disorders,
- Major depression
- Schizophrenia
- Attention-Deficit/Hyperactivity disorder

Even when African American, Latino, API were included in these studies:

“No Analyses were conducted to determine if these participants differed from white participants in outcomes.”

Yet guideline for treatment were developed

Inclusion of racial and ethnic minorities in randomized clinical trials

“ Overall, minorities are not represented in studies that evaluate the impact of interventions for major mental disorders. Furthermore, when minorities are included, rarely are analyses conducted to determine whether the treatment are as effective for them as they are for white populations.

May 2010 SAMHSA Meeting

Closing the Space In-Between

- CA invited to tell of CA Reducing Disparities project. (CRDP)
- CA largest Financial investment in CDE
- Jeanne Miranda, PhD Science editor for Surgeon General Report states in 2010 SAMHSA meeting...
- “Prior to 2001 there was no true representation of groups of color in psychotherapy or clinical trials. Therefore, evidence-based practices could not be generalized to people of color”

SAMHSA - May 2010 Developing Inclusive Framework meeting

- Dr. Miranda “there is simply not enough data or evidence to measure the impact of culturally adapted care”
- Need for inclusion of holistic models

Federal Office of AHRQ = Agency for Healthcare Research and Quality

- Issues Exploration Forum on Mental Health, Effective Health Care Programs.
- Held July 30 2010.
- Their motto: Advancing Excellence in health Care.

Issues to consider

- Evidenced Based Practices not inclusive of multicultural communities & are dangerous & puts communities at risk.
- We should support a broad set of new tools to account for variety of populations, cultures and circumstances
- Need better ideas what to measure
- Do CDE approaches have to utilize the same type of Western science standards to gain credibility and legitimacy?
- Evidence based practice is not the destination

More Questions that need Answers

- Are cultural adaptations of EBP simply Western therapies dressed up in culture?
- If adaptations are tried shouldn't we expect the same level of resources to evaluation them?
- Making the case for CDE we must take into account the role culture, identity, races historical trauma can play in studying interventions.
- Growth of CDE must include role of Spirituality
- Support for CDE is all about quality of care!

Recommendations

- The CA. CRDP needs to be fully funded.
- CA must fundamentally support CRDP to it's conclusion including culturally competent participatory evaluation.
- CA must grow it's own evidence and share it with the nation.
- Multicultural Communities Defined evidence must be accepted at the same level of other forms of evidence.
- Effective approaches need to be competently evaluated and results respected, accepted and funded!
- Role of cultural as a protective factor needs to demonstrated.

Conclusion

- Outcomes need to be developed and determined through the context of culture and community.
- We need to create solution that are inform by the gathering of data in a culturally informed way.
- Approaches need to meet higher level of evidence but allow for different models of evaluation that work.
- We must be willing to listen to consumers/ family members and allow for their participation and inclusion of data point they say are important & help to identify.

Thank you

**WE ARE INJURED IN
RELATIONSHIP AND WE
ARE HEALED IN
RELATIONSHIP**