



**“Increasing Effectiveness of Mental Health Boards/Commissions:
Applying MHSAs Principles through Peer-Driven Programs”**

A REGIONAL TRAINING FOR LOCAL MENTAL HEALTH BOARDS AND COMMISSIONS

Greater Bay Area Region

Saturday, April 9, 2011 from 9:00 AM - 4:00 PM at the Hilton SF Airport, Burlingame, CA

AGENDA

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| 8:30 AM - 9:00 AM | Registration and Networking - Continental Breakfast |
| 9:00 AM - 9:15 AM | Welcome and Introductions
<i>Donna Matthews, MSW, Associate, California Institute for Mental Health (CiMH);
Sharon Roth, Bay Area Regional Coordinator, CALMHBC</i> |
| 9:15 AM - 9:45 AM | Statewide Advocacy: CA Association of Local Mental Health Boards and Commissions (CALMHC Board)
<i>Gary Scheppke, 1st Vice Chair, CALMHBC</i> |
| 9:45 AM - 10:30 AM | Presentation: The Total Wellness Program
<i>Chris Coppola, Deputy Director, San Mateo County Behavioral Health and Recovery Services</i> |
| 10:30 AM - 10:45 AM | Break |
| 10:45 AM - 11:30 AM | Presentation: Peer Run Crisis Respite House
<i>Adrian Bernard, Client Core;
Rigel Flaherty, House Manager, Peer Run Respite Crisis House;
Ginny Gomez, Chair, Santa Cruz County Mental Health Advisory Board</i> |
| 11:30 AM - 12:00 PM | Client/Family Member Workforce Development
<i>Donna Matthews, MSW, Associate, CiMH</i> |
| 12:00 PM - 1:00 PM | Buffet Lunch |
| 1:15 PM - 2:15 PM | Roundtable Discussion: Challenges and Successes of Boards and Commissions under MHSAs* |
| 2:15 PM - 2:45 PM | Integration: Opportunities for Increasing Wellness
<i>Donna Matthews, MSW, Associate, CiMH</i> |
| 2:45 PM - 3:00 PM | Break |
| 3:00 PM - 3:30 PM | Roles and Responsibilities of LMHBC under MHSAs |
| 3:30 PM - 4:00 PM | Wrap Up and Evaluations |

***Local Mental Health Boards and Commissions (LMHBC)
Roundtable Discussion Topics:**

1. *Recruiting New Members & Ensuring Cultural Representation.*
2. *Ensuring racial, ethnic and cultural (including geographic) representation in statewide advocacy efforts of LMHBCs.*
3. *How to Influence your Board of Supervisors.*
4. *Using your Role to Advance Priorities of LMHBCs, including Client/Family-Driven Care.*
5. *Strategies to Foster the Active and Inclusive Involvement of Your Community.*
6. *Respecting Non-Disclosure and Complying with Mandate for Consumer and Family Member Representation.*
7. *Addressing Challenges to Active Participation Beyond LMHBC Meetings.*
8. *Budgeting in Hard Times: Impact on MHSA and non-MHSA Programs.*