



PRESENTS

**“Increasing Effectiveness of Mental Health Boards/Commissions:  
Applying MHSAs Principles in the Age of Health Care Reform”**  
A REGIONAL TRAINING FOR LOCAL MENTAL HEALTH BOARDS AND COMMISSIONS

*Central Region*

Saturday, April 2, 2011 from 9:00 AM - 3:00 PM  
Blue Sky Wellness Center  
1617 Saginaw Way ~ Fresno, Ca. 93704

**AGENDA**

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| <b>8:30AM - 9:00AM</b>  | <b>Registration, Networking.</b><br><i>Continental Breakfast</i>  |
| <b>9:00AM - 9:15AM</b>  | <b>Welcome and Introductions</b><br><i>Cary Martin, Central Regional Coordinator, CALMHBC</i><br><i>Donna Matthews, MSW, Associate II, CiMH</i>   |
| <b>9:15AM – 9:45AM</b>  | <b>Statewide and Regional Updates on Client and Family-Driven Workforce Development</b><br><i>Gina Ehlert, Central Region Workforce Education and Training Coordinator, CiMH;</i><br><i>Donna Matthews, MSW, Associate II, CiMH</i> |
| <b>9:45AM-10:15AM</b>   | <b>CA Association of Local Mental Health Boards and Commissions (CALMH Board)</b><br><i>Cary Martin, Central Regional Coordinator, CALMHBC</i>  |
| <b>10:15AM-10:30AM</b>  | <b>Break</b>  |
| <b>10:30AM-11:00AM</b>  | <b>Integration: Opportunities for Increasing Wellness</b><br><i>Donna Matthews, MSW, Associate II, CiMH</i>   |
| <b>11:00AM-12:00PM</b>  | <b>Local Mental Health Boards and Commissions (LMHBC) Roundtable Discussion*</b>  |
| <b>12:00PM-12:45PM</b>  | <b>Buffet Lunch</b>   |
| <b>12:45PM – 2:15PM</b> | <b>Local Mental Health Boards and Commissions (LMHBC) Roundtable Discussion*</b>  |
| <b>2:15PM - 2:30PM</b>  | <b>Break</b>  |
| <b>2:30PM – 3:00PM</b>  | <b>Wrap Up &amp; Evaluation</b>   |

**\*Local Mental Health Boards and Commissions (LMHBC)  
Roundtable Discussion Topics:**

1. Recruiting New Members & Ensuring Cultural Representation.
2. How to Influence your Board of Supervisors.
3. Using your Role to Advance Priorities of LMHBCs, including Client/Family-Driven Care.
4. Strategies to Foster the Active and Inclusive Involvement of Your Community.
5. Respecting Non-Disclosure and Complying with Mandate for Consumer and Family Member Representation.
6. Addressing Challenges to Active Participation Beyond LMHBC Meetings.
7. Budgeting in Hard Times: Impact on MHSA and non-MHSA Programs.